

**RPRM® Remembering Primary Reflex Movement**

**TRAINING PRIMARY REFLEXES level A**



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## **INFORMATION ABOUT THE TRAINING**

### **Who can attend the training?**

Interested people and therapists who acknowledge the importance of Primary reflex inhibition and have sufficient time and attention to practice and absorb (new) ideas. The minimum age for participation is 28 years

### **The purpose of the training**

The purpose of the training is to learn to inhibit disturbing Primary reflexes with whoever is troubled by them and to be able to trace and release stress and pain.

Inhibition of Primary reflexes is intended to –

- 1 prevent children getting so exhausted that they stand no chance to develop themselves fully
- 2 prevent unnecessary medication and suffering
- 3 show the potency and self-healing skills of the body, in order to develop according to nature.
- 4 reduce the ruthless abuse of energy sources.

You learn to detect and remove Primary reflex activity related compensational patterns and behaviour. This will produce a huge energetic profit in the involved. With the intention to restore order to someone's nervous system and based on a wholistic approach, the training focuses on the development of sensitivity: feeling energy-, the flow in meridians, lymph and nerves, in bodily liquids like cerebro-spinal liquid and liquor, and the sensing of blocks in the energy flow in body and electro-magnetic fields.

Moreover, nervous system related systems will be sorted out and unnecessary stress will be removed from the body. One learns to trace what the client needs for his optimal development and unfolding. (re-education).

Attention is paid to both influences from without like organic life (human-, animal-, plant life) solar system, everything produced by man, and influences from within our organism.

Specific techniques and test procedures are offered. The rebalancing of the nervous system takes place without the use of devices or medicine.

### **An overall concept of Movement**

Basic to this work is the concept of movement. Primary reflex inhibition is rooted in an extensive base, which has to be developed and refined during the training, in order -

- To observe the flow of energy in the client
- To help the client to release all kinds of surfacing blocks (physical, emotional, psychological and social)

Based on experience and sensitivity, a deepening self-knowledge must be present or developed.

Furthermore, one needs knowledge of terminology of symptoms generally used in our culture, to be able to communicate adequately with everybody. The human potential accessible for both children

and adults is huge when it is approached from the perspective of sound and movement instead of from isolated symptoms.

Primary reflex inhibition is in essence a remembering of blocked or lost movement - experience of the organism. Affinity with working with sound and movement is developed, which moreover can be used in many other areas.

### **What can you do with the training?**

- Having finished the training, you can investigate and trace the presence of Primary reflex activity in a person and inhibit disturbing Primary reflexes. You will obtain access to a large reservoir of exercises which you may extend yourself and which partly consists of respected eastern movements.
- You can perform tests in different ways and correct disturbing activity for someone in many different ways.
- You can trace and release Primary reflex related illnesses and problems on a physical-, emotional-, self-unfolding-, and structural level. Also you will be able to trace and undo repeating movements influenced by circumstances from without or by reactivity, which cause diseases.
- You can trace and dismantle patterns (also convictions) kept within family and bloodline, thus facilitating a family to recover.
- By means of Primary reflex inhibition and Primary reflex related stress-release, you can maximize a person's vitality in relation to learning processes from both primary school to university, and from performing on stage to employment guidance (outplacement and re-integration).
- Because of your experience-based affinity with the subject, you will be able to give lectures on it for therapists, teachers and parents.
- You will learn new techniques which can be used as stress-release also for other purposes and you will learn to know your own body from the inside.
- Thus, apart from the Primary reflex correction range, the total training A and B offers:
  - New corrections to be used inter alia as stress-release (for example for any physical, emotional, spiritual, or mental problems or pain, for releasing harmful convictions, family and relational problems, allergies, Burn-out etc.)
  - The development of sensitivity, new skills concerning self-development, movement and sound.
  - Becoming familiar with investigating- and dealing with reactivity and the influence of the period in uterus on the developing fetus and baby.
  - Learning to format.

The program concludes with a practical examination, which is awarded a certificate RPRM®, Primary reflex therapist, level A, or B

If desired, you can set up a private practice. It is also possible to use the acquired skills in business and in education.

### **Training contents**

The training is offered in way of Modules, conducted twice a month on Saturdays and 5 practise evenings.

RPRM is a training experience focusing on the acquisition of skills, sensitivity and body-awareness in relation to observation and breathing. Daily practicing is recommended.

## Modules Training level 1 and 2

Renewed training content:

Due to profound influences causing changes in society, RPRM® has been split into 2 parts and new techniques and information have been added. Social cultural societal influences in larger context as well as the influence of our solar system affecting our personal situation are discussed more.

### RPRM 1

RPRM 1 consists of 4 modules taught on 16 Saturdays, usually twice a month between 10am and 6pm, and 5 practice evenings.

Modules:

- Movement
- Muscle testing I
- Sound I
- Primary Reflexes

RPRM 1 gives you a solid and comprehensive foundation to apply full Primary Reflex inhibition and stress release. Developing skills, knowledge and self-perception form the basis of the training.

RPRM® 1 concludes with a certificate.

Costs for RPRM 1 is €3600

### RPRM 2

RPRM 2 consists of 10 to 11 days in which we focus on influences from Society, from history and from our solar system, unprecedented influence and stress and beliefs, identifying unacknowledged stress, stress transformation, getting out of stress are more covered .

RPRM 2 gives offers insight into the efficacy of intense long-term influences from outside in the individual and provides the basis for detecting them when they cause uninhibited reflexes and stress. Thus, not only making uninhibited primary reflex related stress possible, but also release from stress related to unknown movement patterns.

Costs for RPRM 2 is €2400.

Practise evening 4 and 5: students bring a person to practise with. After having been tested on uninhibited Primary reflexes, the person will be balanced.

### What can you do with the training and when?

Right from the start you can use all modules for your development.

From the second module onwards, you may start balancing people, (which is recommended, indeed). Having finished the training, you can inhibit Primary reflexes.

In addition, you may balance people on a variety of physical-, emotional-, mental-and motoric wishes and complaints. You are able to explain clearly what Primary reflexes are and what the common ground for the therapies is.

### The student are expected to...

Depending on former education and development, the student will have to pay more or less attention to specific subjects. There must be time to practise some things continuously.

Summarizing it comes down to this

- At home one must practise until an inner understanding of the exercise is attained.
- When lacking, one has to gain knowledge about common names for the human organism and form and functioning of the human body (movements of brains, nervous system, blood circulation, glands and organs, neurotransmitter and hormone activity, muscle and bone structure and the possible movements of our skeleton). For this the purchase of an atlas of the human body can be very convenient. Students are expected to develop insight and practise self-study.
- The purchase of the book “Healing Naturally and Primary reflexes”.
- To acquire a rudimentary understanding of the basis of various alternative therapies and tools (e.g. dietary supplements, herbal, blossoms, homeopathy, acupressure or acupuncture, regression therapy, healing forms). This is necessary to adequately communicate with the client and the outside world.
- Uninhibited Primary reflexes in the students themselves should be inhibited by a certified RPRM® therapist.

### Material

Except for the book Healing Naturally and an atlas of the human body, material is inclusive in the training. Readers and Primary reflex inhibition instruction are handed out at the modules.

### When?

See site (English available, [www.praktijkvoorbeweging.nl](http://www.praktijkvoorbeweging.nl)) for data.

### Place

Wageningen or Renkum, the Netherlands

### Time schedule

Daytime 10.00u - 18.00u

Evening 19.30u - 22.00u

**Prices** (subject to change), inclusive of VAT

Level A	€ 3600
Level B	€ 2400

### Participation

**Practical organization demands a deposit of 1.000 euros. Your registration is valid after having received your subscription and your deposit of 1.000 euros, at the latest 05-12- '22.**

Payment in two installments of € 1.300 is possible. This should be stated in the application form.

Those who have signed up will receive notice as soon as there are enough participants to start. If the training cannot begin because of few entries, deposits are refundable. Except for serious cases of force majeure, deposits are not refundable.

**For assignment, please print and mail or send the following form to the address below**

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# QUOTATION FORM EDUCATION PRIMARY REFLEXES RPRM®

I hereby subscribe for the training RPRM®, level A

Name

Birth date and place

Address

Phone

Email

Why do I want to do the training?

.....  
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.....  
.....  
.....  
.....

Current Occupation

.....  
.....

Former training/education, experience and interests, activities

.....  
.....  
.....  
.....

I declare to have read the data about RPRM® training and agree to the terms of participation, said truthfully,

*Date:*

*Signature:*

.....

.....



**To summarize: how to become a RPRM® primary reflex therapist**

- Do the RPRM® training
- Get your uninhibited Primary reflexes inhibited by a RPRM® certified therapist
- Take the examination

**Maintaining the RPRM® certificate**

- Attend the comeback days
- Having completed the training, treat in accordance with RPRM® method at least 15 times per month
- Deliver 20 treatment reports of treatment within two months of completion of training
- Take part in an assessment evaluation
- Take part in an assessment and evaluation

**To therapists applies**

- RPRM® is entitled to repeal the right to use the name "Primary reflex therapist " if the therapist acts contrary to the protocol or if the therapist deliberately demonstrates not to act according to the RPRM® ideas
- RPRM® is entitled over the years to test therapist's skills.

If required, RPRM® is entitled at all times to adjust with the conditions and rules regarding the Primary reflex therapist.

**To become RPRM® instructor**

- Follow the day courses
- Follow both RPRM® training twice (second time half price) and assist the second time
- Organise lectures on the subject
- Organize workshops about Primary reflexes for professionals who work with children

In case of the arising of outside conditions, not caused by RPRM® and detrimental to maintaining the quality of the training, RPRM® reserves the right to deviate from the terms, occasionally and with justification.

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